

Recommended Reading:

- *Touched by Suicide, Hope & Healing After Loss*
Carla Fine and Michael F Myers, M.D.
- *No Time to Say Goodbye - Surviving the Suicide Of a Loved One*
Carla Fine
- *Suicide: Why – 85 Questions & Answers about Suicide*
Adina Wroblewski
- *Suicide: survivors – A Guide for those Left Behind*
Adina Wroblewski, Founder of SAVE Suicide Awareness Voices of Education
- *Suicide Survivors Handbook*
Truly Carlson
- *The Worst Loss – How Families Heal from Death of a Child*
Barbara D. Rosof
- *The Tender Land – A Family Love Story*
Kathleen Finneran
- *The Suicide of My Son – A Story of Childhood Depression*
Ivan K. Goldberg, M.D.
- *A Grief Observed*
C.S. Lewis
- *Night Falls Fast*
Kay Redfield Jamison

Resources:

- **Suicide Prevention Hotline**
1-800-SUICIDE
1-800-784-2433
- **Toll Free, Province-wide Crisis Line**
1-866-661-3311
- **Lower Mainland Crisis Line**
604-872-3311
- SAFER - 604-879-9251
Suicide Attempt Follow-up Educational & Research program.
Counseling suicidal persons and their families, and those bereaved by a loved one's suicide.
- EPI - Early Psychosis Intervention
604-225-2211
www.hopevancouver.com
- THE FORCE - Families Organized for Recognition & Care Equality
604-878-3400
Society for Kids Mental Health
www.bckidsmentalhealth.org
- MOOD DISORDERS ASSOC. OF B.C.
www.mdabc.net (604) 873-0103
- KIDS HELP PHONE
1-800-668-6868
www.kidshelpphone.ca

Useful Websites

- www.YouthinBC.com
- www.suicideprevention.ca
- www.save.org
- bluepages.anu.edu.au
- www.checkupfromtheneckup.ca

teen

suicide

PREVENTION &
AWARENESS



the
JOSH memorial
fund
PLATZER

www.teensuicideprevention.org